

Monday	Pre School	Dance	Ballet	Beam	Gym	PT
9-12:00	TT					
12:30 – 3:30	TT					
3:00	Discovery Notes					
3:30	3:45 Nifty Notes	Mag/Jun	8-up Combo	AA L1 5-7	PT L1	Mag/Jun
4:30	Guitar	Mag/Jun	5-7 Combo	AA 8-up	PT L2/3	Mag/Jun
5:30	Guitar	Mag/Jun	Mag/Jun	AA L2 5-7	All Boys	PT Team
6:30					Pre PT	

Tuesday	Pre School	Dance	Ballet	Beam	Gym	PT
9-11:00	TT					
11-11:45			Pre Dance		Pregym	
12:00-2:00	TT					
3:30	Guitar	Seq/Syc	5-7 Combo	AA 8-up	All Boy	Seq/Syc
4:30			Pre dance	AA Team	AA 5-7 L1	
5:30				5:15 Pre Gym	AA 5-7 L2	
6:30			Karate			

Wednesday	Pre School	Dance	Ballet	Beam	Gym	PT
9-12:00 12:30 – 3:30	TT TT					
1:45 2:30		Bonsais	Pre Dance	PreGym		
3:30		Sycamores		Hot Shots 2	Int Cheer	Mini Cheer
4:30 5:00		Oakies	Ballet A	Preteam	Adv Cheer	Sequoia's gym Oakies Gym
5:30		Sequoias	Aspens			
6:30		Coed Hiphop			Parkour 1	

Thursday	Preschool	Dance	Ballet	Beam	Gym	PT
9-2:00 11:00	TT				Pregym	
3:30		Jun/Mag	5-7 Combo Dance	Hot Shots 1	AA 8-up	PT 2/3
4:30		Jun/Mag	8-up Combo Dance	AA Team	AA 5-7 L1	AA 5-7 L2
5:30		Jun/ Mag	Int Ballet			PT L1
6:30		Jun/Mag	Adv Ballet			
7:30				Parkour 2		

Friday	Preschool	Dance	Ballet	Beam	Gym	PT
9:30	Family Mom/Me Music				Pregym	
10:15		Mom and Me Dance/Gymnastics	Predance		Mom and Me Gymnastics	
10:30	Preschool STEM To 12:15					
3:30		Color Guard				

Tanglewood Tots Preschool – Mon/Wed 9:00-12:00, 12:30 -3:30, T/Th 9:00-11:00, 12:00-2:00

Pregym – Tues 11:00, 5:15, Wed 1:45, Thur 11:00, Fri 9:30

Predance – Tues 11:00, Tues 4:30, Wed 2:30, Friday 10:15

All Around Gymnastics –

Age 5-7 - Level 1- Mon 3:30, Tues 4:30, Thur 4:30/Level 2 Mon 5:30, Tues 5:30, Thurs 4:30

Age 8-up – Mon 4:30, Tues 3:30, Thurs 3:30

Power Tumbling –

Level 1 – Mon 3:30, Thurs 5:30/ Level 2 and 3- Mon 4:30, Tues 3:30, Thurs 3:30

All Boy Gymnastics – Mon 5:30, Tues 3:30

Dance –

Combo Dance Age 5-7 – Mon 4:30, Tues 3:30, Thur 3:30/ Age 8-up – Mon 3:30, Thur 4:30 Coed Hiphop Wed 6:30

Classical Ballet- A Ballet Wed 4:30, B Ballet Tues 4:30, Int Ballet Thur 5:30, Adv Ballet Thurs 6:30

Cheer – Mini (3-7 years)- Wed 3:30, Intermediate (7-10 years) Wed 3:30, Advance (10-up) Wed 4:30-6:00

Karate – Tues 6:30 Color Guard - Friday 3:30 Parkour – Level 1 Wed 6:30-7:30, Level 2 Thurs 7:30-8:30

Music- 3-5 years Mon 3:00, 5-12 years Mon 3:45 Guitar Mon/Tues

Mom and Me – Music Friday 9:30, Dance/Gymnastics Friday 10:15, Gymnastics 10:15