

Tanglewood Studios Fall 2021-22 Schedule

Monday

| ROOM | Music/PS | Dance | Ballet | Little Gym | Big Gym 1 | Big Gym 2 |
|------------|---|---|------------------------------------|---|-----------------------------------|--|
| 9am-12:00 | AM/TT Julie/Talauna/Kari | | | | | |
| 12:30-3:00 | PM/TT Kari/Talauna Discovery Notes (ages 3-4) | | | | | |
| 3:30 | Nifty Notes 3:45 (ages 4-10) | Magnolias Shay/Tricia | Rec Combo Dance age 5-8 Shawna | AA Gymnastics Level 1,2 age 8 -up Em | Power Tumbling Level 1 - Allee | Junipers Team gym 3:30 – Bailey B |
| 4:30 | Guitar | Juniper | Rec Combo Dance age 8-10 Shawna | AA Gymnastics Level 1 age 5-7 Emily | Power Tumbling Level 2/3-Allee | Magnolia Team gym Bailey B |
| 5:30-6:30 | Guitar | Junipers/Magnolias <u>Contemporary</u> | | AA Gymnastics Level 2 age 5-7 Emily | All Boy Gymnastics - Allee | Power Tumbling L4-up/PT Team (7:30) |

Tuesday

| ROOM | Music/PS | Dance | Ballet | Little Gym | Big Gym 1 | Big Gym 2 |
|-----------|-----------------|--|---|---|--|--------------------------------------|
| 9am-11:00 | TT Kari/ Monica | | | | | |
| 11:00 | | | Predance-Shayell | | Pre gym - Monica | |
| 3:30 | | Rec Combo Dance age 5-8 Brooklyn | Ballet B 3:30-4:15(Sequoia Team) Megan | All Boy Gymnastics – Bailey B | Sycamore Team Gym - 3:30-4:15 Shayell | AA Gymnastics L1 age 5-7 Bailey S |
| 4:30 | | Sycamore Team 4:15-6:00 Shayell/Megan | Predance (4:30-5:15) Brooklyn | AA Gymnastics Level 1 age 5-7 Bailey B | Sequoia Team Gym 4:15-4:45 Shayell | 4:30-7:30 AA Team |
| 5:30 | | | Rec Combo Dance age 8-10 Bailey B | Pre Gymnastics (5:15- 6:00) Brooklyn | | |
| 6:30 | | Color Guard - Charlese | Coed Hiphop 6:30-7:15 Bailey B | | | |

Wednesday

| ROOM | Music/PS | Dance | Ballet | Little Gym | Big Gym 1 | Big Gym 2 |
|-----------------------|--------------------------------------|---------------------------------|-------------------------------------|---|----------------------------------|---|
| 9-12 | AM/TT-Kari/Julie | | 11:00 TT Dance Shay | | 11:00 Life Sports TT Kari | |
| 12:30 | PM/TT-Talauna/Kari/Katie | | | | | |
| 2:30 | | Bonsais Team Shay | Predance – 2:30-3:15 Bailey | | | Life Sports (ages 4-6) 2:30-3:15Talauna |
| 3:30 | | Oakie Team -Shay, Megan, Tricia | Mini Cheer (3:30-4:15)-Kaycee | Hot Shots 2 (3:30-5:00)Emily | Int Comp Cheer–Bailey S | Aspen Gym (3:30-4:15) Bailey B |
| 4:30 | | Sequoia Team | Ballet A (Aspens) 4:15-5:00 Megan | | AdvComp Cheer-Bailey S 4:30-6:30 | Oakie Gym 4:30-5:00 – Bailey B |
| 5:30 ----- 6:30 | Rec Combo Dance age 11-up – Bailey B | Seq/Asp HH 5:45-6:30 | Aspen Team 5-5:45 Karate - Corey | PreTeam (5-7:30) Emily Parkour Level 1 (7:00-8:00) Talauna | | |

Thursday

| Room | Music/PS | Dance | Ballet | Little Gym | Big Gym 1 | Big Gym 2 |
|--------------|-------------------|----------------------------------|----------------------------------|-------------------------------------|--|---------------------|
| 9-11 | TT – Monica/Katie | | | | | |
| 11:00 | | | | Pre Gym - Monica | | |
| 3:30 | | Mag/Jun - Shayell | | Power Tumbling Level 2/3 – Bailey B | AA Gymnastics Level 1 age 5-7 – Bailey S | Hot Shots 1 - Emily |
| 4:30 | | HH – Magnolia, Juniper, Sycamore | Rec Combo Dance age 5-7 Brooklyn | Power Tumbling Level1 – Bailey B | AA Gymnastics Level 2 age 5-7 Bailey S | AA Team 4:30-7:30 |
| 5:30 | | Mag/Jun | Int Ballet – April (Sycamore) | | AA Gymnastics Level 1,2 Bailey S | |
| 6:30 7:30 | | Adv Classical Ballet -April | | | Parkour Level 2 - Talauna | |

Friday

| ROOM | Music/PS | Dance | Ballet | Little Gym | Big Gym 1 | Big Gym 2 |
|-------|--------------------|--------------------------|----------------|--------------------------|---------------------|-----------|
| 9:30 | Mom&Me Music- Kari | | | | PreGymnastics -Shay | |
| 10:15 | | Mom&Me Dance/Gym-Shayell | PreDance-Megan | Mom&Me Gymnastics - Kari | | |
| 10:30 | | | | | | |

- AA- Allaround Gymnastics (Bars,Beam,Floor,Vault)
- * Combo Dance – Ballet, Tap, Jazz
- TT-Tanglewood Tots Preschool
- Aspens, Magnolias ect – Competition Dance Team
- Pregym/Predance – ages 3-5
- 5-7 – in Kindergarten to turning 8 years old

- * PT – Power Tumbling (Tumbling Skills, some tramp)
- * Parkour- Level 1 age 5-8, Level 2 age 8-up or by invitation
- *Hot Shots L1/L2 – Invitation only AA class
- *Discovery Notes, Nifty Notes– Music/Singing
- * Mom and Mom - walking to age 3
- * All Boys Gym – floor, rings, parallel bar, high bar, horse, tramp

Classes by Type -

Mom and Me – Music- Friday 9:30, Gymnastics- Friday 10:15, Dance/Gymnastics – Friday 10:15

Pre Gym – Tuesday 11:00, Tuesday 5:15, Thursday 11:00, Friday 9:30

Pre Dance – Tuesday 11:00, Tuesday 4:30, Wednesday 2:30, Friday 10:15

Recreational Combo Dance –

Age 5-8 – Monday 3:30, Tuesday 3:30, Thursday 4:30

Age 8-10 – Monday 4:30, Tuesday 5:30

Age 11-up – Wednesday 5:00

Recreational Coed Hiphop – Tuesday 6:30-7:15

Power Tumbling

Level 1 – Monday 3:30, Thursday 4:30

Level 2/3 – Monday 4:30, Thursday 3:30

Level 4-up – Monday 5:30

Team – Monday 5:30-7:30

All Around Gymnastics

Level 1, age 5-7 – Monday 4:30, Tuesday 3:30, 4:30, Thurs 3:30

Level 2, age 5-7 – Monday 5:30, Thurs. 4:30

Level 1, Age 8-up Monday 3:30, Thurs. 5:30

Hot Shots 1 – Thurs 3:30

Hot Shots 2 – Wed 3:30-5:00

Preteam – Wed 5-7:30

Team – Tues., Thurs, Sat.

All Boy Gymnastics – Monday 5:30, Tuesday 4:30

Karate - Wednesday 6:30

Parkour – Level 1 – Wednesday 7:00, Level 2 Thursday 7:30

Color Guard – Tuesday 6:30